

## Why Attend?

Campers will gain advanced individual instruction in addition to learning elite level team strategies and philosophies of the game — our goal is to offer elite water polo training right here in Ohio!

Attendees Will Gain Exposure to:

- Collegiate, Club and High School Coaches
- Former Varsity & Collegiate Club Players
- Instructors from Serbia, Turkey, Florida, California & Ohio
- Fundamentals of play based on position
- Structured camp setting with pool time, chalk talk, video and scrimmages
- Camp T-Shirt and “Goodie Bag” for each attendee

Camp Sections Include:

### Fundamentals

- Utility Players
- Center Forwards
- Center Defenders
- Goalies
- Team Strategy

There is no USAWP or American Water Polo Membership required.

## Directions

### University of Cincinnati

The Aquatic complex is a few hundred yards past the end of Woodside Dr. (Off Martin Luther King Dr), just inside of the Campus Recreation Center entrance

### Keating Aquatic Center

University of Cincinnati  
Located in the Campus Recreation Center  
2820 Bearcat Way  
Cincinnati, Ohio 45221

## Camp Sponsor



The Jose Cerda Aquatic Foundation is a nonprofit organization that supports water polo and swim teams, fostering unity among teams and improving the competitiveness of athletes.  
For more information visit <http://joseito.webs.com>

For more information:

Mike Jones 513-312-7491

Alexis Blaxberg - 786-385-5839

[www.ohiowaterpolocamp.com](http://www.ohiowaterpolocamp.com)

E-mail: [ohiowaterpolocamp@gmail.com](mailto:ohiowaterpolocamp@gmail.com)

## University of Cincinnati Keating Aquatic Complex



50 meter All Deep Pool

Fundamentals

Development

Conditioning

*“Bringing Elite Water Polo  
Training to You”*

## Ohio Water Polo Camp

Cincinnati, Ohio

July 28-29, 2012

### Camp Sponsors:

**Ohio Squirrels WPC**

[www.ohiosquirrels.com](http://www.ohiosquirrels.com)

**Water Polo Planet**

[www.waterpoloplanet.com](http://www.waterpoloplanet.com)

**Jose Cerda Aquatic Foundation**

[www.joseito.webs.com](http://www.joseito.webs.com)

## Coaches

Campers will gain advanced individual instruction in addition to learning elite level team strategies and philosophies of the game. The camp coaches have extensive experience coaching men's and women's water polo at the age group, high school, collegiate club, D1 & D3 levels.

### Felix Mercado—Head Coach at Brown

- 3 Time CWPA Northern Division coach of the year (2007, 2008, 2009)
- Coached multiple Florida high school state championship teams as well as Southeast zone championship teams
- 2006 CWPA division III coach of the year
- 2007 North Atlantic Conference Coach of the Year

### 2011 Water Polo Camp Experience:

- 67 participants
- 8 Collegiate, Club and High School Coaches
- 2 Full Days of Water Polo Strategy, Fundamentals, Conditioning and FUN!



### Alexis Blaxberg—Sycamore High School head women's coach

- Former NCAA division one player

### Omar Amr—Olympic Water Polo Player

- Competed in 2004 Summer Olympics in Athens, Ohio
- Attended UC Irvine & Harvard Medical



Search for Ohio Water Polo Camp

## Registration

Send Completed Form and Registration Fee to:

Mike Jones  
Ohio Water Polo Camp Director  
4270 Clifford Road  
Cincinnati, OH. 45236

or  
Register online at

[www.ohiowaterpolocamp.com](http://www.ohiowaterpolocamp.com)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

School: \_\_\_\_\_

### **By May 1st:**

Day Camper \$185

Overnight Camper \$220

### **After May 1st:**

Day Camper \$235

Overnight in Camper \$270

## T-Shirt Size

**S M L XL XXL**

For more information, contact:

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